

Career Exploration & Planning

Self-Assessment



The starting point in the career development process is identifying your skills, values, personality, interests, and preferences to determine what types of positions are of interest and would be a good fit. CaliforniaColleges.edu can help you do that and more! Self-assessments won't tell you exactly what to do but are used as starting points to further explore career options.

- **Register for your CaliforniaColleges.edu account.**

- Select Register
- Select Student
- Select Capistrano Unified
- Select your High School
- Use your 7 Digit Student ID
- Use your personal email
- Select a password you will remember!



Once logged in, select "Career" at the top of the page

- Complete all the Career Interests activities:
 - Interest Profiler
 - Work Values
 - Learning & Productivity
 - Intelligences
 - Personality
- Explore Careers
- Meet with your Career Guidance Specialist for questions or further discussion & career exploration!



Connect with your Career Guidance Specialist Mrs. McClenaghan for more information.

